# Love Your Neighbor

# Spring Emphasis 2024 // Resource Guide

We have covered so much ground this semester and all of us have room to grow and develop and embrace this call of discipleship and the command to love our neighbor as ourselves. If a particular week has spurred a call to action in your group or in your own heart, this is an additional resource with action steps, partner organizations, and contacts to give you some practical, tangible ways to love all different types of neighbors well. Your relationships matter and the way you love your neighbor may be the way they experience the love and grace of Jesus by seeing those elements in us.

As a church we have strategically focused extra energy and investment with five partner organizations below as part of our JCServe initiative. We have learned our impact can be greater when we focus it well. Those partners are Family Promise, South Side Elementary, Campus House at ETSU, Interyear Fellowship, and Appalachia Service Project.

You can **contact Katy Woodward**, <u>katy@grandviewchristian.org</u> for more information about any of these opportunities or organizations.

#### Neighbors who are food insecure

- **Grandview Food Pantry**, Thursday Mornings, 9-10am, donations can be dropped off at our Buffalo Campus in the upstairs coat closet.
- Second Harvest Food Bank
  - Monthly Food Box Delivery to South Side Elementary School
  - LoveJC service day opportunities coming on September 14, 2024
- **Salvation Army** Provides thousands of snack bags to hungry neighbors.

#### Neighbors who are Unhoused

- Family Promise JCServe Partner, addressing family homelessness, more info here.
  - Drop off donations of gently used clothes/home goods/furniture for their thrift store, or volunteer in the thrift store throughout the year.
  - Partner with us on strategic weeks to bless the families in their program & meet current needs. We will post those needs in the announcements and newsletter as we learn about them.
    - January 1-7, 2024, April 8-14, 2024, July 8-14, 2024, October 14-20, 2024
- Appalachia Service Project (ASP) JCServe Partner, volunteer to help organize the warehouse or participate in a new build/renovation project.

#### Neighbors who are coping with addiction

• **re:generation** - Doug Fox contact (<u>foxds2@gmail.com</u>), meets at Crossroads Christian Church. More information <u>here</u>.

## Neighbors who are grieving and facing life without a loved one

- **GriefShare** Ken Solly at Word Fellowship at Gray, <u>Find a Group.</u>
- Widows Might Canopy contact <u>Brenda@grandviewchristian.org</u>

## Neighbors who are sick, hospitalized, or in skilled nursing facilities

- **Meal Train** check the Grandview Facebook group for people who need meal support at different times (surgery, illness, new baby, etc).
- **Christian Assisted Living**, volunteer to play music, donate bingo prizes, or volunteer to preach on Sundays, contact Doug Fox (<u>foxds2@gmail.com</u>).
- **Calling Group** Tuesdays, 9-12, meet in the Fireside room at our Buffalo campus and join this group to pray and visit our shut ins.

#### Neighbors who need extra support

- **Grandview Partnership Fund** internal support fund for people who call Grandview home who need financial assistance. Give <u>here</u> by selecting the partnership fund, or contact Becky Allsop (<u>allsopbecky@gmail.com</u>).
- South Side Elementary School JC Serve Partner
  - **Kids Hope USA Mentoring Program**, volunteers meet with one student for one hour each week through the school year to provide social and emotional support as a mentor. Each mentor is paired with a prayer partner volunteer for the year who commits to pray for them weekly.
  - **Christmas Gifts,** each year we receive information about several families who need assistance providing Christmas gifts for their children. These needs are communicated in early December.
  - **Teacher Appreciation**, we find ways throughout the year to show our love for the teachers and staff at South Side. Whether it's sponsoring coffee or providing something needed for their classroom, we listen for needs and do our best to meet them.
- **Campus House World Cafe, JC Serve Partner,** volunteers provide snacks on the first Friday each month for international college students at ETSU who are looking for community and connection.
- Interyear Fellowship, JC Serve Partner, Fundraisers, Cleaning Days, Monthly Open House, Monthly Table Talks, & Free Coffee at the house from 9am-3pm, Monday-Thursday.

# SPRING 2024 CANOPY GUIDES - WEEKLY RESOURCE RECAP:

In each weekly discussion guide the following resources were included for deeper study/research for leaders to prepare or for group members to supplement their learning after their canopy met. We're including those resources here to have them in one neat, easy to find spot if you're looking for something from the semester.

- WEEK 1 WHO IS MY NEIGHBOR?
  - $\circ$  Census Data look at a broad view of our Johnson City neighbors:
    - https://www.census.gov/quickfacts/fact/table/johnsoncitycitytennessee#
    - https://datausa.io/profile/geo/johnson-city-tn/
    - https://worldpopulationreview.com/us-cities/johnson-city-tn-population
  - A visual representation of the text: <u>https://www.youtube.com/watch?v=w8mz3C6hKf0</u>
  - A thorough overview and analysis of the parable: <u>https://bible.org/seriespage/4-good-samaritan</u> (don't miss the section on "Principles" toward the end of the article)
- WEEK 2: HURTING
  - A large list of simple things you can do to help people: <u>https://ofhsoupkitchen.org/100-ways-to-help-others</u>
  - YouTube playlist from Life Church on helping without hurting: <u>https://www.youtube.com/watch?v=a339VZRE3CM&list=PLXvTERtQ\_HV943FtLVKf-AOBz7</u> <u>uY7u6-g</u>
  - Podcast When Helping Hurts: Establishing Boundaries When Caring for Others with Counselor Nicole Fryling

https://lovedoesthat.org/when-helping-hurts-establishing-boundaries-when-caring-for-ot hers-with-counselor-nicole-fryling/

- WEEK 3: LONELY
  - A short article by John Delony on overcoming loneliness: <u>How to Deal With Loneliness - Ramsey (ramseysolutions.com)</u>
  - Research Article- "No More FOMO: Limiting Social Media Decreases Loneliness and Depression" - <u>https://guilfordjournals.com/doi/abs/10.1521/jscp.2018.37.10.751</u>
  - Video Podcast "Loneliness and Social Isolation" <u>https://www.youtube.com/watch?v=ZT6cYsx--F0</u> (do yourself a favor and skip to 2:27 time marker to avoid a really bad Beatles cover song)
  - Book: <u>Finding God in My Loneliness</u>, Lydia Brownback

- WEEK 4: SOCIAL MARGINS
  - <u>WJHLNews (Jeff Keeling/John Jenco) increase in homeless population in NE Tennessee</u>
  - <u>Family Promise</u>- JCServe Partner at Grandview, addressing family homelessness <u>https://www.youtube.com/watch?v=WulJjnY4YzM</u>
  - Thought provoking NPR article on giving money directly to the poor:
    <u>Is Giving Out Cash With No Strings Attached The Best Way To End Poverty</u>

## • WEEK 5: CLOSE PROXIMITY

- Research: <u>Rutgers Study Finds that Neighbors Improve Well-being in Middle and Later</u> <u>Life</u>
- YouTube TEDx talk <u>"The unseen value of being a good neighbor | Michael Wood-Lewis"</u>
- Meal Train <u>The Benefits of a Meal Train Reach Far and Wide</u>
- WEEK 6: DIVERSE DISCIPLES
  - <u>Crucial Conversations</u> book, or if you're in a time crunch, this blog from their team on "<u>Why People get Defensive and What you can do about it</u>" (lots of other great free professional & personal resources available by topic)
  - YouTube video clips from *The Chosen*, <u>"Why Can't the Disciples Just Get Along"</u> not claiming 100% historical/Biblical accuracy, but it's a great creative visual to see the apostles as real people who clashed occasionally
  - Regent University Article <u>"A Study of Peter as a Model for Servant Leadership"</u> summary of Peter's life, transformation, and leadership
- WEEK 7: THOSE WE JUMP TO JUDGE
  - YouTube TEDx <u>"How to Deal with Difficult People"</u>
  - YouTube, Our Daily Bread, <u>"A Christian's Response to Politics Daily Devotion"</u>
  - See Jesus Podcast: Judging vs. Compassion
- WEEK 8: BETRAYER
  - CS Lewis Institute <u>"Loving God and Neighbor"</u> excellent 10-15 minute read
  - Tabletalk article by JR Vassar, "<u>Christ and the Love of Neighbor</u>"
  - SheReadsTruth devotion, "Encounters with Christ: Peter's Reinstatement"