

# WEEK 8 - BOLD & HUMBLE

Fall Focus 2023 // Canopy Guide

On Purpose // Spiritual Disciplines

## CONVERSATION STARTERS

Use the questions below to kickstart a community building, all-play conversation that connects to our weekly topic. If your group meets for dinner, these might be great questions to share around a table.

- In relational conflict, what are you.....fight or flight or freeze?
- How easy is it for you to take constructive criticism? How gentle are you when you give it?
- Who do you like to listen to the most when it comes to scriptural learning?

## YOUTUBE VIDEO INTRO

[Click here for the YouTube video intro!](#)

## STUDY GUIDE

It's no secret that we were not created to be isolated. If the pandemic taught us anything, it was that we need community. But community can be messy and difficult and hard as well as loving and helpful and needed. The disciplines of talking and listening are encompassed in community and allow us to humbly hear each other and let others speak Truth to us.

As children learn to speak, they learn both words and intonation, intention and understanding. How we speak is just as important as the words we speak. We should use our words to edify and encourage, to tell our story in the context of God's story, and to balance truth and grace together. As with speaking, learning to listen is an art in and of itself. We should listen with intention and receive corrections with grace and humility. Even though we learn to talk and listen as children, these are disciplines that

are cultivated throughout our whole lives in relationship with each other.

### Scripture to Read

- John 13:2-17
- James 1:19-20

### Deeper Discussion Questions

1. What is your default response - to speak up or to listen when you are in conversation with others?
2. How can you best listen and respond when someone comes to you with correction or concern for your behavior?
3. How can you best encourage and support the people around you?
4. What is your story? How does your story fit into the bigger context of Christ's redeeming work on the cross?

## PRAYER

Make sure to claim some time as a group each week to pray specifically for each other.

## EXTRA RESOURCES/ARTICLES/RESEARCH

1. Book: [\*Multiply\*](#), Francis Chan, especially "Part 2: Living as the Church"
2. Book: [\*Spiritual Leadership: Principles of Excellence for Every Believer\*](#), J. Oswald Chambers
3. Book: [\*Life Together\*](#), Dietrich Bonhoeffer