

## Sermon Discussion Questions 4/5

-This is a heavy topic today, so to start off name one good thing that has happened this week. Big or small, it is good for us to remind each other that goodness hasn't stopped happening!

-What is your initial gut reaction to a hard time? To grief? To loss or change? How does that reaction shift given time? Who do you most rely on during those moments? How do you like to be cared for during crisis moments?

-In John's Gospel it is Mary, Jesus' mother, who is the first to ask Jesus for a miracle (John 2:1-12). Imagine that mother now seeing her son on a Roman cross. What do you think Mary must have been feeling? Can you relate in any way to that feeling of grief and loss? Why do you think Jesus takes one of his dying moments to give her a son?

-How does caring for others in times of crisis, difficulty, change, and heartache actually help to heal us? What does it mean to you to give care not only to yourself during this time, but also to those within our community that need it? How does extending love allow us to grieve and process change well?